

ANSWER Slider Bottom Bracket

Required Tools:

- Grease
- 36mm wrench
- Lubricating oil
- 2mm Allen wrench

Instructions:

- 1 Grease threads of bottom bracket cups and bottom bracket shell generously.
- 2 The cups are indicated with an "R" and "L" for right or left side of frame. Using your hands, carefully thread the "R" cup into the drive side of the frame's bottom bracket shell all the way. Repeat with the "L" cup on the non-drive side.
- 3 Using a 36mm wrench tighten both sides extremely snug.
- 4 Insert one of the locking collars into one of the bottom bracket cups.
- 5 Apply a thin coat of lubricating oil or equivalent across the thickest part of the spindle.
- 6 Insert the spindle through the side that has the locking collar from step 4. Slide the spindle completely through the bottom bracket.
- 7 Insert the remaining locking collar onto the other side of the spindle.
- 8 Once the desired position of the spindle is achieved, lock the collars onto the spindle by inserting a 2mm allen wrench into the hole on one side of the bottom bracket cup. Please note that it is easy to strip these small screws if you are careless with the installation.
- 9 After one of the set screws are in place, pull the allen wrench out just enough to let the spindle spin. Slowly spin the spindle while simultaneously applying pressure on the allen wrench so that it inserts into the second of three set screws. Repeat this for the third screw.
- 10 Repeat step 9 for the other side of the bottom bracket cup until all six set screws are in place.
- 11 Please ensure tightness of all bolts and screws while performing your regular bike maintenance.